



*Youth Welcome Packet * Winter ~ 2010*

Welcome to the Winter Session at Mid American Studio! We are looking forward to offering you the best pom, dance and fitness instruction, all while having fun and improving rhythm, timing, memory skills and coordination.

Please keep this informational packet for future reference. If you have any further questions, please call the studio at (248) 477-5248 or visit www.midamericanstudio.com. Youth director Danielle Adam can also be reached at Danielle@pompon.com.

Tuition

Tuition is due at the beginning of each session. Fall sessions begins in September; Winter sessions begins in January; Summer sessions begins in July. Please see registration forms for class prices. Tuition is **NON-REFUNDABLE** after the second week of each session. This includes those who are paying on our Payment Plan. Your payment reserves your spot in class and class sizes are determined by enrollment. There are no refunds for classes missed. If you miss a class, you may ask your teacher if they are able to meet with you prior to the next class to catch up. If you miss multiple classes, it is suggested that you schedule a 30 minute private lesson with your instructor. Private lesson fees are not included in your tuition.

Students may enroll in additional classes during the first two weeks of each session if space is available. Additional classes will be discounted according to our multiple class discount scale. Payments can be made at the front desk.

Class Size and Enrollment

Mid American Studio reserves the right to cancel or combine any class with less than five students enrolled. Refunds will be given for tuition of cancelled classes. The maximum number of students in a class is pre-determined by the studio management, and exceptions are not made. When a class reaches the maximum number of students, registration is then closed for that session. Current students have the option of early registration each session to ensure that they can enroll in the classes of their choice before schedules are sent out to potential new students. Larger classes may have a student instructor in class beginning in the third week to assist with form and technique.

Cancelled Classes

If Farmington Schools are closed, Mid American Studio **may be** canceling our classes. If classes need to be cancelled for any reason, a message will be left on the Studio voicemail and website, and you will be notified by e-mail or phone. If you have any questions regarding class cancellation, please call the Studio. Please be sure that you have an e-mail address on account at Mid American Studio so that we can easily contact you with cancellations or updates.

Attire

Students are required to be in proper attire for all classes. Clothes should be comfortable and should not obstruct the student's movement (i.e. students should be able to kick, jump, and practice splits in proper attire). Absolutely no jeans, jean shorts, or 'school clothes' are allowed in any class. *Please remind your child that dance class is not a fashion show!* Selecting one outfit and wearing it to class each week ensures that she/he will be in proper attire each class and can focus on learning. Thank you for your attention to this.

It is strongly suggested that pom students purchase their own poms. Poms are available for use, but we prefer students purchase their own for sanitary reasons. Poms may be purchased in the Spirit Shoppe in various colors.

Students must have a pair of Dance or Cheer shoes used **exclusively indoors** to participate in classes. We would like to keep the building beautiful, and outside shoes will not be allowed in the studio. Dance and Cheer sneakers are designed for the impact and movement of the sport, and we require these for the best interest of our students. If you have questions regarding shoes, please ask one of the front desk receptionists. We suggest that Hip Hop students wear the Black Dance Sneakers in class. These are the same shoes our All Star Teams perform in. These are conveniently available for sizing in the Spirit Shoppe and are competitively priced at \$40.00. Lyrical and Jazz students are required to wear tan lyrical sandals or 'Footeez'. Ballet students must have pink ballet shoes.

It will be **strictly enforced** that students have clean, dry shoes for class. Students **will not** be allowed to wear only socks or go barefoot. Cubicles and changing areas are provided. Class attire flyers are posted in the studio if you should have any questions.

Ballet students are required to be in tights and a leotard. Students are permitted to wear shorts, skirts, or leggings (completely form fitting) over their leotard if they choose.

Studio Policies and Expectations

Dance, Pom and Cheer classes will help you excel in all areas of life. You will increase your self-esteem, self-discipline, balance, rhythm, and movement skills. As a student at Mid American Studio, you are expected to respect yourself, classmates, teachers and facility. Any student who continually acts inappropriately

will be asked to sit out or wait in the lobby. No gum, food or drink other than water is allowed in the studios at any time. Snacks must be left in the cubicles in the hallway outside the studios, or in the student lounge. This will be strictly enforced. Hair needs to be pulled back and out of the face for your safety and the safety of others.

Students can be dropped off 15 minutes prior to their class time, and picked up promptly after class. In the interest of our dancer's safety, we ask that parents come into the studio to pick up students up through 6th grade. For the safety of all children, please use caution when driving in the studio parking lot.

Children (siblings) cannot be left unattended in the studios or lobby. Feel free to use the waiting room while students attend classes. ***NEW! Mid American Studio now offers FREE wireless internet for our customers!*** Please feel free to bring your laptop with you while your child is in class. Login and password can be obtained at the front desk.

Parents and others are not permitted in the studio during class, with the exception of viewing week. Observers can be a distraction to the students, and class time cannot be used effectively. A closed-circuit live video can be viewed on the lobby TV for many of the classes. ***We thank you in advance for your cooperation.***

Attendance

To get the most out of your class, it is essential to be in attendance each week. Students fall behind when learning routines if they miss class. If you know that a student will be gone, please arrange with the teacher or other students to learn any material taught during the class period. Students enrolled on any Studio All Star team have MANDATORY All Star class each week, where performance material is worked on. **** ALL STARS MUST BE AT THE REHEARSAL PRIOR TO AN EVENT TO PERFORM AT THAT EVENT****. Absolutely no exceptions will be made. Additional attendance guidelines for All Star Team members will be discussed during the first week of class.

***Please mark your calendars! There are no youth classes:
MONDAY, February 15th – SUNDAY, February 21st
Mid-Winter Break***

***SATURDAY, April 3rd – FRIDAY, April 9th
Spring Break***

Optional Recital

Mid American Studio will be offering students the opportunity to perform in our semi-annual recital this session on Saturday, May 15th at Birmingham Seaholm High School. More information will be available in just a few short weeks! Students in weekly classes will not be *required* to perform, but are *encouraged* to perform to

improve self-confidence and to showcase their talents! Look for more information to be sent home during the 3rd week of classes.

Snacks/Drinks and 'Punch Card' option

Mid American Studio now offers healthy snack and beverage options for our students and their family members! Items include assorted pretzels, peanuts, granola bars, string cheese, water, vitamin water and more! Items can be purchased for 50 cents, \$1, or \$2, **OR** purchase a punch card on account for your child for \$12. Punch cards will be kept at the front desk and will allow for your child to purchase a snack or drink when needed.

Adult Fitness Classes

Mid American Fitness offers progressive fitness classes, Pilates reformer and Personal training geared toward clients of all fitness levels and abilities. In addition, customized Nutrition counseling is available to aid in weight loss or to address special dietary concerns.

Clients can choose from more than 25 classes per week, including Zumba, Yoga, Pilates, Cardio, Body Pump™ and Strength Training. Discounts are offered for parents of our youth students! Please visit the all-new www.midamericanfit.com for more information. *All new clients receive their first week of fitness completely FREE!*

Studio Hours

Monday-Thursday:	8:00 am - 8:00 pm
Friday and Saturday	8:00 am – 12:00 noon

E-mail contacts

Danielle@pompon.com - Youth Programs Director, Instructor

Melissa@pompon.com – Youth instructor

Jillian@pompon.com – Youth instructor

Karen@midamericanfit.com - Adult Fitness Programs Director

Dana@midamericanfit.com – Adult Fitness Coordinator

Studio Information

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Farmington Hills, MI 48335

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THANK YOU FOR CHOOSING MID AMERICAN STUDIO!

Visit the all-new www.midamericanstudio.com website often for updates, schedules, photos and more!